

# 國立中興大學運動與健康管理研究所

## 運動與健康管理專題討論實施辦法

National Chung Hsing University Graduate Institute of Sports and Health Management

Implementation Regulations for Seminars on Sports and Health Management

102 年 2 月 27 日所務會議通過  
104 年 1 月 19 日所務會議修訂通過  
106 年 6 月 20 日所務會議修訂通過  
107 年 6 月 19 日所務會議修訂通過  
108 年 10 月 26 日所務會議修訂通過  
109 年 3 月 18 日所務會議修訂通過  
110 年 3 月 2 日所務會議修訂通過  
112 年 2 月 23 日所務會議修訂通過  
**114 年 1 月 2 日所務會議修訂通過**

(Passed by the Institute Affairs Meeting on February 27, 2013)  
(Amended and passed by the Institute Affairs Meeting on January 19, 2015)  
(Amended and passed by the Institute Affairs Meeting on June 20, 2017)  
(Amended and passed by the Institute Affairs Meeting on June 19, 2018)  
(Amended and passed by the Institute Affairs Meeting on October 26, 2019)  
(Amended and passed by the Institute Affairs Meeting on March 18, 2020)  
(Amended and passed by the Institute Affairs Meeting on March 2, 2021)  
(Amended and passed by the Institute Affairs Meeting on February 23, 2023)  
(Amended and passed by the Institute Affairs Meeting on January 2, 2025)

第一條 為提升運動與健康管理研究所（以下簡稱本所）學術研究風氣、鼓勵本所師生相互交流，特訂定本辦法。

To enhance the academic research environment of the Graduate Institute of Sports and Health Management (hereinafter referred to as "the Institute") and to encourage interaction among faculty and students, these regulations are hereby established.

第二條 本辦法所指「運動與健康管理專題討論」包含：

The "Seminars on Sports and Health Management" referred to in these Regulations include:

（一）本所舉辦或合辦之學術演講或研討會。

Academic lectures or seminars organized or co-organized by the Institute.

（二）本所讀書會（Seminar）。

Seminars of the Institute.

（三）非本所舉辦之校內、外講座、研討會或學術活動，需於參加活動前填寫認列申請表並檢附相關文件，經本所所長核可後，始得認列為「運動與健康管理專題討論」出席次數，至多採計法定總次數三分之一。

Lectures, seminars, or academic activities held on-campus or off-campus that are not organized by the Institute. Students must complete an application form for recognition and submit relevant documents for approval by the Institute Director before participating in such activities. Only then will attendance be counted towards the "Seminars on Sports and Health Management" requirement, up to a maximum of one-third of the total required attendance.

第三條 本所讀書會每學期舉辦一次，讀書會時間及報名期限由所辦公告之，辦理方式如下：

The Institute's seminar shall be held once each semester. The Institute office shall announce the time and registration deadline for the seminar. The procedures are as follows:

- (一) 本所專任教師擔任評審，由參加發表之學生互為各發表次序主持人。

Full-time faculty members of the Institute shall serve as reviewers, and participating students shall take turns moderating each presentation.

- (二) 報名參加之學生自行選定發表主題，經指導教授同意後，於所辦公告之報名期限內繳交申請表，由所辦彙整安排發表次序後公告予本所師生。

Students who register to participate shall select their own presentation topics. After obtaining the approval of their advisor, they shall submit the application form within the registration deadline announced by the Institute office. The Institute office will then compile the applications and arrange the presentation order, which will be announced to the faculty and students of the Institute.

- (三) 每名發表者報告時間為10~15分鐘、答辯及討論時間為10分鐘。

Each presenter will have 10-15 minutes for their presentation and 10 minutes for Q&A and discussion.

- (四) 本所學生應於在學期間全程參與並發表至少2次。

Students of the Institute are required to fully participate in and present at least twice during their studies.

(適用於109學年度起入學研究生)

(Applicable to graduate students enrolled from the 109th academic year onwards.)

第四條 學生在學期間應出席至少8次「運動與健康管理專題討論」，參與本所讀書會次數認列方式：

Students are required to attend at least eight (8) "Seminars on Sports and Health Management" during their studies. **Seminar attendance will be recognized as follows:**

(一) 全程參與，遲到或早退不列入參與計算。

Full participation is required. Late arrival or early departure will not be counted as participation.

(二) 至少針對一發表主題提問或補充回答。

Students must ask questions or provide supplementary answers for at least one presentation topic.

(三) 讀書會後一週內，繳交500字以上相關議題之簡要文字心得。

Within one week after the seminar, students must submit a brief written reflection of at least 500 words on a related topic.

第五條 本辦法經所務會議通過後實施，修正時亦同。

These Regulations shall take effect following approval by the Institute Affairs Meeting. The same procedure shall apply to any amendments.