

Active Healthy Kids



The 2018 Taiwan Report Card

on Physical Activity for Children and Youth



The 2018 Report Card is the first one of Taiwan in Active Healthy Kids Global Alliance. This Report Card is part of the Global Matrix 3.0 that includes data of physical activity for children and youth from 49 countries and regions worldwide. This short form Report Card provides a brief summary and grades of the current levels of physical activity, related health behaviors, and influential factors of Taiwanese children and youth. The detailed data sources, the grading process, and references can be found in the long form of the Report Card. Both the short and long form of The 2018 Taiwan Report Card can be found on <http://ssrc.camel.ntupes.edu.tw>.



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